



# K-12 STUDENT UNIFORM POLICY

Purpose and Implementation	Dress Standards
<p>We believe that properly wearing the uniform</p> <ul style="list-style-type: none"> <li>• Displays unity, modesty, neatness, and dignity;</li> <li>• Demonstrates respect for self, education, teachers, and fellow students;</li> <li>• Facilitates focus on learning and service, rather than on clothing and accessories;</li> <li>• Supports an appropriate distinction between the genders; and</li> <li>• Reminds students of their commitment to live by the American Heritage Mission Statement.</li> </ul> <p>All male students at AHS are expected to wear the boys' uniform and abide by the dress and grooming standards set forth for boys, and all female students are expected to wear the girls' uniform and abide by the dress and grooming standards set forth for girls.</p> <p>Students wearing the proper uniform will be admitted to class. The uniform standard will be in place until 3:10 p.m. each school day. All non-uniform items, including but not limited to coats, jackets, sweatshirts, and hoodies, must be removed as soon as practical after entering the building, and immediately upon entering class. Personal coats or jackets may only be worn inside the building when a student is actively in the process of exiting to or entering from outside activities. Given that there is limited space for coats and jackets in the lunchroom, students who are planning to go outside during lunchtime recess may wear their non-uniform coats, jackets or sweatshirts during lunch in the lunchroom.</p> <p>We trust that students and parents will govern themselves by the spirit of the uniform policy. Many items and variations are not specifically prohibited but are outside the spirit of the policy and thus are not permitted.</p> <p>Definitions for terms used in the uniform policy:</p> <ul style="list-style-type: none"> <li>• Conservative: Restrained; avoiding showiness</li> <li>• Modest: Excludes short skirts, tight clothing, and revealing attire</li> <li>• Non-distracting: Not drawing attention to oneself</li> <li>• Small: Fine, minute, diminutive, slender, thin, little, of small diameter</li> <li>• Subtle: Fine, thin, delicate, slight, faint, refined, difficult to perceive</li> </ul>	<ul style="list-style-type: none"> <li>• Clothing should fit appropriately (neither tight nor baggy).</li> <li>• Pants on boys and young men should be conservative in style and not tight or slim fitting.</li> <li>• Alterations, other than hemming, are NOT permitted!</li> <li>• Skirts, shifts, jumpers, and skorts on girls and young women should be modest in length and fit. The minimum length should allow for the skirt to naturally touch the kneecap.</li> <li>• K-12 girls and young women must wear snug-fitting black or navy biker style shorts daily under skirts, shifts, jumpers, and skorts (except when wearing opaque tights or leggings). Biker style shorts may not extend below the hemline of the uniform.</li> <li>• Undershirts and camisoles must be plain white. Undershirt sleeves may not extend beyond the cuff of the uniform sleeve.</li> <li>• Socks must be worn at all times. Alternatively, girls may wear tights. (See appropriate section for details).</li> <li>• Uniform approved jackets and sweaters are permitted in the building and may not be worn around the waist.</li> <li>• Hats and baseball caps may not be worn during school hours with the exception of a winter hat worn outside for warmth.</li> <li>• Clothing should be clean and well-maintained (properly hemmed, unstained, free from holes and fading, etc.).</li> <li>• Shirts must be tucked in at all times during school hours except during recess and when participating in outside athletic activities.</li> </ul> <p>Special considerations will be determined, as needed, by the AHS Principals and the Uniform Committee members. Please submit your request via email.</p> <p>Kinder-5th grade to Charné Adams: cadams@ahsmail.com          6th-8th grade to Blaine Hunsaker: bhunsaker@ahsmail.com          9th-12th grade to Elizabeth Acuña: eacuna@ahsmail.com</p> <p><b>Primary uniform supplier for AHS:</b> <a href="http://dennisuniform.com/schools/R00">dennisuniform.com/schools/R00</a>          Dennis Uniforms 3560 Main Street Salt Lake City, Utah 801-287-9200</p> <p><b>Additional uniform supplier for AHS:</b> <a href="http://landsend.com">landsend.com</a></p> <p><b>Used uniform sales:</b> <a href="http://american-heritage.org/parent-organization">american-heritage.org/parent-organization</a></p>
<ul style="list-style-type: none"> <li>• As with many items in the uniform policy, styles and options will vary by grade and will expand in variety and flexibility. Younger students should not look to older students to determine what is acceptable or approved. As students increase in their ability to understand principles and make and keep commitments, their freedom to choose also increases.</li> <li>• Please refer to the AHS website for complete information about the uniform, including full-color photos, ordering information, FAQ's, shopping lists, and the current official uniform policy.</li> </ul>	

## AGREEMENT SIGNATURE

STUDENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

STUDENTS WILL RECEIVE A SEPARATE PAPER COPY TO SIGN AND SUBMIT DURING THE FIRST WEEK OF SCHOOL



## K-12 STUDENT UNIFORM POLICY GROOMING & ACCESSORIES

General Grooming	Boys' Grooming	Girls' Grooming
<ul style="list-style-type: none"> <li>• Hairstyles should be neat and clean.</li> <li>• Avoid extreme and distracting hair colors and styles.</li> <li>• Body marking is not allowed, including tattoos, washable tattoos, or marking on the skin with ink or marker.</li> <li>• No body piercing is allowed</li> </ul>	<ul style="list-style-type: none"> <li>• Boys' hair should be relatively short and must be trimmed above the collar, leaving the ear uncovered.</li> <li>• Sideburns must not extend below the earlobe or onto the cheek.</li> <li>• Young men should be clean-shaven.</li> <li>• No nail polish or makeup</li> </ul>	<ul style="list-style-type: none"> <li>• Girls may have a single piercing in each earlobe.</li> <li>• K-12 girls will be permitted to wear nail polish and makeup.</li> <li>• Makeup and nail polish should be subtle, conservative and non-distracting.</li> </ul>
General Accessories	Boys' Accessories	Girls' Accessories
<ul style="list-style-type: none"> <li>• Eyeglasses must have lenses and must be non-distracting.</li> <li>• Sunglasses may not be worn in the building.</li> <li>• Blankets or shawls may not be worn in the building</li> <li>• Hats and baseball caps may not be worn during school hours with the exception of a winter hat worn outside for warmth</li> </ul>	<ul style="list-style-type: none"> <li>• Boys may wear a single watch</li> <li>• Boys may wear one ring per hand</li> <li>• No earrings, necklaces or bracelets</li> <li>• Boys may wear a solid black, navy, gray (non-metallic) or brown belt.</li> </ul>	<ul style="list-style-type: none"> <li>• Hair ornaments must be small, conservative, subtle and non-distracting. All colors are allowed EXCEPT the following colors: NO Pink, Purple, Orange, or Neon</li> <li>• Girls jewelry must be conservative, subtle and non-distracting.</li> <li>• Earrings must be limited to one pair.</li> </ul>





## K-12 STUDENT UNIFORM POLICY

### IMPORTANT NOTES

#### Boys' Pants and Shorts (Footnote a)

- Boys pants and shorts must be purchased from an approved supplier. They should be conservative in style, not tight or slim fitting, and should be properly hemmed without a cuff. They should be clean and well-maintained (free from holes and fading, etc.). Only boys, grades K-5, may wear shorts for their Mon-Thur uniform. Approved Suppliers: Dennis Uniform and Land's End Uniforms

#### Oxford Dress Shirts and Peter Pan Collar Blouses (Footnote b)

- Oxford dress shirts must be purchased from an approved supplier. They should be a heavier-weight, opaque, basket-weave fabric. Other requirements include: button down collar, not cream or off-white, no logos or embroidery, not tight or form-fitting. Approved Suppliers: Dennis Uniform and Land's End Uniforms. Peter Pan Collar Blouses must be purchased from Dennis Uniform.

#### Girls' Shifts, Skorts, Jumpers and Skirts (Footnote c)

- Skirts, shifts, jumpers, and skorts must be purchased from an approved supplier. They should be modest in length and fit. The minimum length should allow for the skirt to naturally touch the kneecap. The skirt and skort usually require the "long" or "extra long" length to be purchased or the hem to be let down to meet this requirement. Skirts are only approved for grades 6-12. All girl's uniforms require tights, bike shorts, or leggings underneath. Please note: For 9th-12th grade girls, the khaki box pleated skirt will be allowed for events and Fridays through the end of the 22-23 school year, until it is officially replaced by the Macbeth plaid skirt. We urge you to adopt the new uniform as soon as possible. Approved Suppliers: Dennis Uniform only for Elementary and Middle School. Dennis Uniform and Lands' End for High School.

#### Biker Shorts, Leggings and Tights (Footnote d)

- Girls, grades K-12, MUST wear snug-fitting black or navy biker shorts daily (except when wearing opaque or cable knit tights). Biker shorts may not extend below the hemline of the uniform. Ankle-length leggings, with socks or footlets, are not approved for special events but may be worn in place of biker shorts on M-TH. They should be clean and well-maintained (free from holes and fading, etc.). The fabric should have a matte sheen, not shiny or metallic. May be purchased from any supplier.

#### Shoes and Socks (Footnote e)

- Shoes: All shoes must be secure fitting, closed toe, closed heel, flat or low-heeled (less than one inch), and conservative in style and appearance. NO rollers, heelies (with or without rollers), lights, characters, slippers, or moccasin styles. Bold, distracting, or high contrasting designs are not permitted. Laces must be worn in shoes intended to have laces.
- Boots: Dress boots should be conservative in style and appearance and be flat or low-heeled (less than one inch). Boots are not permitted for special events. Girls may wear dress ankle boots on Fridays. Girls may wear below-the knee dress boots, in black or brown, on Mon-Thur and on Fridays during winter weather. Mon-Fri. Snow Boots or athletic cleats should not be worn in the building, but are acceptable outside.
- P.E. Shoes: Uniform approved, M-Th conservative athletic shoes may be worn for P.E. class as long as they have non-marking soles. Other athletic shoes, of all styles and colors, are permitted for P.E. class as long meet the following guidelines: They should be brought to and from school and worn only during P.E. class. They should also be suitable for indoor and outdoor use and have non-marking soles.
- Socks: Socks must be worn at all times. Girls, grades K-12, may wear tights in place of socks. Socks or footlets must be worn when wearing ankle-length leggings or footless tights. All items must be solid in color with NO stripes or patterns of any kind. They should be clean, well maintained, and free from holes. Colors and heights allowed are determined by grade level, gender, and day. See next page for more details.





## K-12 STUDENT UNIFORM POLICY

# SHOES, SOCKS, TIGHTS, AND LEGGINGS

### SHOPPING LIST

#### EVENT DRESS SHOES

- Required for all special events, picture day, and devotionals. Darker in color and formal in style. No boots of any kind permitted. May be brought to school and changed into for the event.

\_\_\_\_\_ One pair Event Dress shoes

#### FRIDAY DRESS SHOES

- Required for all Fridays. May be the same pair as your event dress shoes, however more flexible options are approved for Fridays.

\_\_\_\_\_ One pair Friday Dress shoes

#### MON-THUR SHOES

- Additional Options for Mon - Thur. May be the same pair as your event or Friday dress shoes, however more flexible options are approved for Mon-Thur.

\_\_\_\_\_ One pair Mon-Thur shoes

### PICTURE GUIDE & DETAILS



#### EVENT DRESS SHOES

- Dark upper in solid colors black, brown, or navy
- Dark sole of solid black or brown
- Laces must match the shoe (black shoe w/black laces)
- No accents or additional colors.
- No contrast stitching
- Formal dress style (no athletic styles)
- No boots of any height or kind permitted

#### FRIDAY DRESS SHOES

- Upper in solid black, brown, or navy
- Sole of solid black or brown
- Laces must match the shoe (black shoe w/black laces)
- No accents or additional colors, contrast stitching allowed
- Dress styles or solid color conservative athletic
- Girls may wear dress ankle boots; below-the-knee dress boots are permitted during winter weather.

#### MONDAY - THURSDAY SHOES

- Upper predominately black, navy, brown, gray, or white
- Sole of conservative colors
- Laces in solid, black, navy, brown, gray, or white
- Conservative accents of any color permitted
- Conservative athletic styles permitted
- Girls and Boys may wear ankle boots
- Girls below-the-knee dress boots in black or brown

### Socks, Tights, Leggings, and Bikers

	EVENT DRESS	FRIDAY DRESS	MONDAY - THURSDAY
Boys K-5	Black or navy dress socks	Black or navy dress socks	Black, navy, gray, or white socks
Boys 6-8	Black or navy dress socks	Black or navy dress socks	Black, navy, gray, or white socks
Boys 9-12	Black, navy, or brown dress socks	Black, navy, or brown dress socks	Black, navy, brown, gray, or white socks
Girls K-5	Black or navy, cable or opaque tights	Black or navy, cable or opaque tights Black or navy knee-high socks w/bikers	Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks w/bikers Black, navy, gray, or white leggings w/socks or footlets
Girls 6-8	Black or navy opaque tights	Black or navy, cable or opaque tights Black or navy knee-high socks w/bikers Black or navy leggings with socks or footlets	Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks w/bikers Black or navy leggings with socks or footlets Bare legs with footlets and bikers
Girls 9-12	Black or navy opaque tights Bare legs w/bikers	Black or navy, cable or opaque tights Black or navy knee-high socks w/bikers Black or navy leggings with socks or footlets Bare legs w/bikers	Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks w/bikers Black or navy leggings with socks or footlets Bare legs w/bikers

# GRADES K-3 GIRLS UNIFORMS

## SHOPPING LIST

### SHIRTS

- Required for events and Fridays  
(Long sleeve must be worn for events. Long or short sleeve OK for Fridays)  
\_\_\_\_\_ Dennis white Peter Pan collar blouse
- Additional Options for Mon-Thur  
(Long or short sleeves may be worn Mon-Thur)  
\_\_\_\_\_ Dennis white Peter Pan collar blouse  
\_\_\_\_\_ Dennis white or red polo

### SKIRTS / SKORTS

- Required for events and Fridays  
\_\_\_\_\_ Dennis Macbeth Plaid Box Pleated Shift <sup>c</sup>
- Additional Options for Mon-Thur  
\_\_\_\_\_ Dennis Macbeth Plaid Box Pleated Shift <sup>c</sup>  
\_\_\_\_\_ Dennis Macbeth Plaid Skort <sup>c</sup>  
\_\_\_\_\_ Dennis Macbeth Plaid Knife Pleated Jumper

### BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for Events and Fridays  
\_\_\_\_\_ Events: Black or navy opaque or cable tights <sup>d</sup>  
\_\_\_\_\_ Fridays: Black or navy opaque or cable tights <sup>d</sup> -or-  
\_\_\_\_\_ Fridays: Black or navy knee-high socks w/bikers
- Additional Options for Mon-Thur  
\_\_\_\_\_ Black, navy, gray, or white leggings <sup>d</sup>  
\_\_\_\_\_ Black, navy, gray, or white tights <sup>e</sup>  
\_\_\_\_\_ Black, navy, gray, or white socks <sup>e</sup> w/bikers

### SHOES

- Required for events and Fridays  
\_\_\_\_\_ Events: Event dress shoes <sup>e</sup>  
\_\_\_\_\_ Fridays: Friday dress shoes or ankle dress boots <sup>e</sup>
- Additional Options for Mon-Thur  
\_\_\_\_\_ Dress shoes or boots <sup>e</sup>  
\_\_\_\_\_ Appropriate casual shoes <sup>e</sup>  
\_\_\_\_\_ Conservative athletic shoes <sup>e</sup>

### SWEATERS / JACKETS

- Required for warmth in-class and hallways  
(See additional page for more details)  
\_\_\_\_\_ Dennis or Lands' End navy jacket -or-  
\_\_\_\_\_ Dennis navy sweater -or-  
\_\_\_\_\_ Dennis or Lands' End navy sweatshirt  
(All in-class sweatshirts must have the AHS logo or mascot)

### PHYSICAL EDUCATION (P.E.)

- Required for P.E.  
\_\_\_\_\_ Elementary students do not change clothing for P.E.  
\_\_\_\_\_ Athletic P.E. shoes <sup>e</sup> with non-marking soles -or-  
\_\_\_\_\_ Conservative athletic shoes <sup>e</sup> with non-marking soles

### SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days  
\_\_\_\_\_ See additional page for more details

## K-3 GIRLS PICTURE GUIDE

### SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM

Peter Pan Collar Shirt



Macbeth Plaid Shift



Daily Biking Shorts



Event Tights (Cable or Opaque)



Event Dress Shoe



Friday Dress (Ankle Boots OK)



### MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

Peter Pan Collar Shirt



Macbeth Plaid Shift



Knife Pleated Jumper



Cardigan or Pullover Sweater



Polo Shirt



Skort



## IMPORTANT FOOTNOTES & DETAILS

- Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- All Girls MUST wear snug-fitting black or navy biker shorts daily (not worn with tights or leggings). Biker shorts may not extend below the hemline. Leggings are not approved for special events.
- See additional pages and sections for more details

# GRADES K-3 BOYS UNIFORMS

## SHOPPING LIST

### TIE & BELT

- Required for events and Fridays
  - \_\_\_\_\_ Dennis solid navy tie
  - \_\_\_\_\_ Dark black or navy dress belt

### SHIRTS

- Required for events and Fridays  
(Long sleeve must be worn for events. Long or short sleeve OK for Fridays)
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt
- Additional Options for Mon-Thur  
(Long or short sleeves may be worn Mon-Thur)
  - \_\_\_\_\_ Dennis white or red polo
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt

### PANTS/SHORTS

- Required for events and Fridays
  - \_\_\_\_\_ Dennis navy pant<sup>a</sup> -or-
  - \_\_\_\_\_ Lands' End navy pant<sup>a</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dennis or Lands' End navy pant<sup>a</sup> -or-
  - \_\_\_\_\_ Dennis or Lands' End navy shorts<sup>a</sup>

### SOCKS

- Required for events and Fridays
  - \_\_\_\_\_ Black or navy dress socks<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Black, navy, gray, or white socks<sup>e</sup>

### SHOES

- Required for events and Fridays
  - \_\_\_\_\_ Events: Event dress shoes<sup>e</sup>
  - \_\_\_\_\_ Fridays: Friday dress shoes; no boots<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dress shoes or boots<sup>e</sup> -or-
  - \_\_\_\_\_ Appropriate casual shoes<sup>e</sup> -or-
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup>

### SWEATERS / JACKETS

- Required for warmth in-class and hallways  
(See additional page for more details)
  - \_\_\_\_\_ Dennis or Lands' End navy jacket -or-
  - \_\_\_\_\_ Dennis navy sweater -or-
  - \_\_\_\_\_ Dennis or Lands' End navy sweatshir  
(All in-class sweatshirts must have the AHS logo or mascot)

### PHYSICAL EDUCATION (P.E.)

- Required for P.E.
  - \_\_\_\_\_ Elementary students do not change clothing for P.E.
  - \_\_\_\_\_ Athletic P.E. shoes<sup>e</sup> with non-marking soles -or-
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup> with non-marking soles

### SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
  - \_\_\_\_\_ See additional page for more details

## K-3 BOYS PICTURE GUIDE

### SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM

White Oxford Shirt



Navy Pants



Dress Socks



Event Dress Shoe



Red Tie



Dark Dress Belt



Friday Dress Shoe



### MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

Oxford Shirt



Navy Pants



Polo Shirt



Navy Shorts



Pullover Sweater



## IMPORTANT FOOTNOTES & DETAILS

- Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- All Girls MUST wear snug-fitting black or navy biker shorts daily (not worn with tights or leggings). Biker shorts may not extend below the hemline. Leggings are not approved for special events.
- See additional pages and sections for more details

# GRADES 4-5 GIRLS UNIFORMS

## SHOPPING LIST

### SWEATER VEST

- Required for events and Fridays  
\_\_\_\_\_ Dennis navy sweater vest

### SHIRTS

- Required for events and Fridays  
(Long sleeve must be worn for events. Long or short sleeve OK for Fridays)  
\_\_\_\_\_ Dennis white Peter Pan collar blouse
- Additional Options for Mon-Thur  
(Long or short sleeves may be worn Mon-Thur)  
\_\_\_\_\_ Dennis white Peter Pan collar blouse  
\_\_\_\_\_ Dennis white or red polo

### SKIRTS / SKORTS

- Required for events and Fridays  
\_\_\_\_\_ Dennis Macbeth Plaid Skort<sup>c</sup>
- Additional Options for Mon-Thur  
\_\_\_\_\_ Dennis Macbeth Plaid Box Pleated Shift<sup>c</sup>  
\_\_\_\_\_ Dennis Macbeth Plaid Skort<sup>c</sup>  
\_\_\_\_\_ Dennis Macbeth Plaid Knife Pleated Jumper

### BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for Events and Fridays  
\_\_\_\_\_ Events: Black or navy opaque or cable tights<sup>d</sup>  
\_\_\_\_\_ Fridays: Black or navy opaque or cable tights<sup>d</sup> -or-  
\_\_\_\_\_ Fridays: Black or navy knee-high socks w/bikers
- Additional Options for Mon-Thur  
\_\_\_\_\_ Black or navy leggings<sup>d</sup> -or-  
\_\_\_\_\_ Black, navy, gray, or white tights<sup>e</sup> -or-  
\_\_\_\_\_ Black, navy, gray, or white socks<sup>e</sup> w/bikers

### SHOES

- Required for events and Fridays  
\_\_\_\_\_ Events: Event dress shoes<sup>e</sup>  
\_\_\_\_\_ Fridays: Friday dress shoes or ankle dress boots<sup>e</sup>
- Additional Options for Mon-Thur  
\_\_\_\_\_ Dress shoes or boots<sup>e</sup> -or-  
\_\_\_\_\_ Appropriate casual shoes<sup>e</sup> -or-  
\_\_\_\_\_ Conservative athletic shoes<sup>e</sup>

### SWEATERS / JACKETS

- Required for warmth in-class and hallways  
(See additional page for more details)  
\_\_\_\_\_ Dennis or Lands' End navy jacket -or-  
\_\_\_\_\_ Dennis navy sweater -or-  
\_\_\_\_\_ Dennis or Lands' End navy sweatshirt  
(All in-class sweatshirts must have the AHS logo or mascot)

### PHYSICAL EDUCATION (P.E.)

- Required for P.E.  
\_\_\_\_\_ Elementary students do not change clothing for P.E.  
\_\_\_\_\_ Athletic P.E. shoes<sup>e</sup> with non-marking soles -or-  
\_\_\_\_\_ Conservative athletic shoes<sup>e</sup> with non-marking soles

### SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days  
\_\_\_\_\_ See additional page for more details

## 4-5 GIRLS PICTURE GUIDE

### SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM

Peter Pan Collar Shirt



Sweater Vest



Daily Biking Shorts



Event Dress Shoe



Skort



Event Tights (Cable or Opaque)



Friday Dress (Ankle Boots OK)



### MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

Peter Pan Collar Shirt



Macbeth Plaid Shift



Knife Pleated Jumper



Cardigan or Pullover Sweater



Polo Shirt



Skort



## IMPORTANT FOOTNOTES & DETAILS

- Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- All Girls MUST wear snug-fitting black or navy biker shorts daily (not worn with tights or leggings). Biker shorts may not extend below the hemline. Leggings are not approved for special events.
- See additional pages and sections for more details

# GRADES 4-5 BOYS UNIFORMS

## SHOPPING LIST

### TIE & BELT

- Required for events and Fridays
  - \_\_\_\_\_ Dennis solid navy tie
  - \_\_\_\_\_ Dark black or navy dress belt

### SHIRTS

- Required for events and Fridays  
(Long sleeve must be worn for events. Long or short sleeve OK for Fridays)
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt
- Additional Options for Mon-Thur  
(Long or short sleeves may be worn Mon-Thur)
  - \_\_\_\_\_ Dennis white or red polo
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt

### PANTS/SHORTS

- Required for events and Fridays
  - \_\_\_\_\_ Dennis navy pant<sup>a</sup> -or-
  - \_\_\_\_\_ Lands' End navy pant<sup>a</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dennis or Lands' End navy pant<sup>a</sup>
  - \_\_\_\_\_ Dennis or Lands' End navy shorts<sup>a</sup>

### SOCKS

- Required for events and Fridays
  - \_\_\_\_\_ Black or navy dress socks<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Black, navy, gray, or white socks<sup>e</sup>

### SHOES

- Required for events and Fridays
  - \_\_\_\_\_ Events: Event dress shoes<sup>e</sup>
  - \_\_\_\_\_ Fridays: Friday dress shoes<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dress shoes or boots<sup>e</sup>
  - \_\_\_\_\_ Appropriate casual shoes<sup>e</sup>
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup>

### SWEATERS / JACKETS

- Required for warmth in-class and hallways  
(See additional page for more details)
    - \_\_\_\_\_ Dennis or Lands' End navy jacket -or-
    - \_\_\_\_\_ Dennis navy sweater -or-
    - \_\_\_\_\_ Dennis or Lands' End navy sweatshirt
- (All in-class sweatshirts must have the AHS logo or mascot)

### PHYSICAL EDUCATION (P.E.)

- Required for P.E.
  - \_\_\_\_\_ Elementary students do not change clothing for P.E.
  - \_\_\_\_\_ Athletic P.E. shoes<sup>e</sup> with non-marking soles -or-
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup> with non-marking soles

### SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
  - \_\_\_\_\_ See additional page for more details

## 4-5 BOYS PICTURE GUIDE

### SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM

#### White Oxford Shirt



#### Navy Pants



#### Dress Socks



#### Event Dress Shoe



#### Red Tie



#### Dark Dress Belt



#### Friday Dress Shoe



### MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

#### Oxford Shirt



#### Navy Pants



#### Polo Shirt



#### Navy Shorts



#### Pullover Sweater



## IMPORTANT FOOTNOTES & DETAILS

- Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- All Girls MUST wear snug-fitting black or navy biker shorts daily (not worn with tights or leggings). Biker shorts may not extend below the hemline. Leggings are not approved for special events.
- See additional pages and sections for more details

# GRADES 6-8 GIRLS UNIFORMS

## SHOPPING LIST

### SWEATER VEST & TIE

- Required for events and Fridays
  - \_\_\_\_\_ Dennis navy sweater vest
  - \_\_\_\_\_ Dennis red crossover tie

### SHIRTS

- Required for events and Fridays  
(Long sleeve must be worn for events. Long or short sleeve OK for Fridays)
- Dennis or Lands' End white oxford<sup>b</sup> dress shirt
- Additional Options for Mon-Thur  
(Long or short sleeves may be worn Mon-Thur)
  - \_\_\_\_\_ Dennis white or red polo
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt

### SKIRTS / SKORTS

- Required for events and Fridays
  - \_\_\_\_\_ Dennis Navy box pleated Skirt
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dennis Macbeth Plaid Skirt<sup>c</sup>
  - \_\_\_\_\_ Dennis Macbeth Plaid Skort<sup>c</sup>

### BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for Events and Fridays
  - \_\_\_\_\_ Events: Black or navy opaque tights<sup>d</sup>
  - \_\_\_\_\_ Fridays: Black or navy opaque tights or leggings<sup>d</sup>-or-
  - \_\_\_\_\_ Fridays: Black or navy knee-high socks w/bikers
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Black or navy leggings<sup>d</sup>-or-
  - \_\_\_\_\_ Black, navy, gray, or white tights<sup>e</sup>
  - \_\_\_\_\_ Black, navy, gray, or white socks<sup>e</sup> w/bikers

### SHOES

- Required for events and Fridays
  - \_\_\_\_\_ Events: Event dress shoes<sup>e</sup>
  - \_\_\_\_\_ Fridays: Friday dress shoes or ankle dress boots<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dress shoes or boots<sup>e</sup>
  - \_\_\_\_\_ Appropriate casual shoes<sup>e</sup>
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup>

### SWEATERS / JACKETS

- Required for warmth in-class and hallways  
(See additional page for more details)
  - \_\_\_\_\_ Dennis or Lands' End navy jacket -or-
  - \_\_\_\_\_ Dennis navy sweater -or-
  - \_\_\_\_\_ Dennis or Lands' End navy sweatshirt
 (All in-class sweatshirts must have the AHS logo or mascot)

### PHYSICAL EDUCATION (P.E.)

- Required for P.E.
  - \_\_\_\_\_ AHS Spirit Store or program T-Shirt
  - \_\_\_\_\_ Knee-length athletic shorts or sweatpants in solid colors: red, navy, gray, or black; small accents OK
  - \_\_\_\_\_ Black or navy bike shorts must be worn underneath
  - \_\_\_\_\_ Athletic P.E. shoes<sup>e</sup> with non-marking soles -or-
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup> with non-marking soles

### SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
  - \_\_\_\_\_ See additional page for more details

## 6-8 GIRLS PICTURE GUIDE

### SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM

Navy Sweater Vest



White Oxford Shirt



Red Crossover Tie



Daily Biking Shorts



Event Dress Shoe



Friday Dress (Ankle Boots OK)



Box Pleated Skirt



Event Opaque Tights



### MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

Oxford Shirt



Polo Shirt



Cardigan or Pullover Sweater



Box Pleated Skirt



Skort



## IMPORTANT FOOTNOTES & DETAILS

- Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- All Girls MUST wear snug-fitting black or navy biker shorts daily (not worn with tights or leggings). Biker shorts may not extend below the hemline. Leggings are not approved for special events.
- See additional pages and sections for more details

# GRADES 6-8 BOYS UNIFORMS

## SHOPPING LIST

### TIE & BELT

- Required for events and Fridays
  - \_\_\_\_\_ Dennis solid red tie
  - \_\_\_\_\_ Dark black or navy dress belt

### SHIRTS

- Required for events and Fridays  
(Long sleeve must be worn for events. Long or short sleeve OK for Fridays)
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt
- Additional Options for Mon-Thur  
(Long or short sleeves may be worn Mon-Thur)
  - \_\_\_\_\_ Dennis white or red polo
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt

### PANTS/SHORTS

- Required for events and Fridays
  - \_\_\_\_\_ Dennis navy pant<sup>a</sup> -or-
  - \_\_\_\_\_ Lands' End navy pant<sup>a</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dennis or Lands' End navy pant<sup>a</sup>
  - \_\_\_\_\_ No other options available

### SOCKS

- Required for events and Fridays
  - \_\_\_\_\_ Black or navy dress socks<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Black, navy, gray, or white socks<sup>e</sup>

### SHOES

- Required for events and Fridays
  - \_\_\_\_\_ Events: Event dress shoes<sup>e</sup>
  - \_\_\_\_\_ Fridays: Friday dress shoes<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dress shoes or boots<sup>e</sup>
  - \_\_\_\_\_ Appropriate casual shoes<sup>e</sup>
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup>

### SWEATERS / JACKETS

- Required for warmth in-class and hallways  
(See additional page for more details)
  - \_\_\_\_\_ Dennis or Lands' End navy jacket -or-
  - \_\_\_\_\_ Dennis navy sweater -or-
  - \_\_\_\_\_ Dennis or Lands' End navy sweatshirt
- (All in-class sweatshirts must have the AHS logo or mascot)

### PHYSICAL EDUCATION (P.E.)

- Required for P.E.
  - \_\_\_\_\_ AHS Spirit Store or program T-Shirt
  - \_\_\_\_\_ Knee-length athletic shorts or sweatpants in solid colors: red, navy, gray, or black; small accents OK
  - \_\_\_\_\_ Black or navy bike shorts must be worn underneath
  - \_\_\_\_\_ Athletic P.E. shoes<sup>e</sup> with non-marking soles -or-
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup> with non-marking soles

### SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
  - \_\_\_\_\_ See additional page for more details

## 6-8 BOYS PICTURE GUIDE

### SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM

#### White Oxford Shirt



#### Navy Pants



#### Dress Socks



#### Event Dress Shoe



#### Red Tie



#### Dark Dress Belt



#### Friday Dress Shoe



### MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

#### Oxford Shirt



#### Navy Pants



#### Polo Shirt



#### Pullover Sweater



## IMPORTANT FOOTNOTES & DETAILS

- Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- All Girls MUST wear snug-fitting black or navy biker shorts daily (not worn with tights or leggings). Biker shorts may not extend below the hemline. Leggings are not approved for special events.
- See additional pages and sections for more details

# GRADES 9-12 GIRLS UNIFORMS

## SHOPPING LIST

### BLAZER & TIE

- Required for events and Fridays
  - \_\_\_\_\_ Dennis navy gabardine blazer
  - \_\_\_\_\_ Dennis Albury crossover tie

### SHIRTS

- Required for events and Fridays (Long or short sleeve approved for events and Fridays)
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt
- Additional Options for Mon-Thur (Long or short sleeves may be worn Mon-Thur)
  - \_\_\_\_\_ Dennis white, red, navy, or green polo
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt
  - \_\_\_\_\_ Dennis or Lands' End blue oxford<sup>b</sup> dress shirt

### SKIRTS / SKORTS

- Required for events and Fridays
  - \_\_\_\_\_ Dennis Macbeth Plaid box pleated Skirt<sup>c</sup> -or-
  - \_\_\_\_\_ Dennis or Lands' End khaki box pleated Skirt<sup>c</sup> (Khaki approved for events and Fridays through 22-23 school year)
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dennis navy Skirt<sup>c</sup>
  - \_\_\_\_\_ Dennis Macbeth Plaid Skort<sup>c</sup>
  - \_\_\_\_\_ Lands' End khaki A-Line Skirt<sup>c</sup>

### BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for Events and Fridays
  - \_\_\_\_\_ Events: Black or navy opaque tights<sup>d</sup> -or-
  - \_\_\_\_\_ Events: Bare legs w/bikers
  - \_\_\_\_\_ Fridays: Black or navy opaque tights or leggings<sup>d</sup> -or-
  - \_\_\_\_\_ Fridays: Black or navy knee-high socks w/bikers -or-
  - \_\_\_\_\_ Fridays: Bare legs w/bikers
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Black or navy leggings<sup>d</sup>
  - \_\_\_\_\_ Black, navy, gray, or white tights<sup>e</sup>
  - \_\_\_\_\_ Black, navy, gray, or white socks<sup>e</sup> w/bikers

### SHOES

- Required for events and Fridays
  - \_\_\_\_\_ Events: Event dress shoes<sup>e</sup>
  - \_\_\_\_\_ Fridays: Friday dress shoes or ankle dress boots<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dress shoes or boots<sup>e</sup>
  - \_\_\_\_\_ Appropriate casual shoes<sup>e</sup>
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup>

### SWEATERS / JACKETS

- Required for warmth in-class and hallways (see additional page for more details)
  - \_\_\_\_\_ Dennis or Lands' End navy jacket -or-
  - \_\_\_\_\_ Dennis navy sweater -or-
  - \_\_\_\_\_ Dennis or Lands' End navy sweatshirt (All in-class sweatshirts must have the AHS logo or mascot)

### PHYSICAL EDUCATION (P.E.)

- Required for P.E.
  - \_\_\_\_\_ AHS Spirit Store or program T-Shirt
  - \_\_\_\_\_ Knee-length athletic shorts or sweatpants in solid colors: red, navy, gray, or black; small accents OK
  - \_\_\_\_\_ Black or navy bike shorts must be worn underneath
  - \_\_\_\_\_ Athletic P.E. shoes<sup>e</sup> with non-marking soles -or-
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup> with non-marking soles

### SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
  - \_\_\_\_\_ See additional page for more details

## 9-12 GIRLS PICTURE GUIDE

### SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM

Navy Gabardine Blazer



White Oxford Shirt



Albury Crossover Tie



Daily Biking Shorts



Event Dress Shoe



Friday Dress (Ankle Boots OK)



Box Pleated Skirt



Bare Legs or Tights



### MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

Oxford Shirt



Polo Shirt



Cardigan or Pullover Sweater



Box Pleated Skirt



A-Line or Box Pleated Skirt



Skort



## IMPORTANT FOOTNOTES & DETAILS

- Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- All Girls MUST wear snug-fitting black or navy biker shorts daily (not worn with tights or leggings). Biker shorts may not extend below the hemline. Leggings are not approved for special events.
- See additional pages and sections for more details

# GRADES 9-12 BOYS UNIFORMS

## SHOPPING LIST

### BLAZER, TIE & BELT

- Required for events and Fridays
  - \_\_\_\_\_ Dennis navy gabardine blazer
  - \_\_\_\_\_ Dennis Albury tie
  - \_\_\_\_\_ Dark dress belt

### SHIRTS

- Required for events and Fridays  
(Long or short sleeve approved for events and Fridays)
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt
- Additional Options for Mon-Thur  
(Long or short sleeves may be worn Mon-Thur)
  - \_\_\_\_\_ Dennis white, red, navy, or green polo
  - \_\_\_\_\_ Dennis or Lands' End white oxford<sup>b</sup> dress shirt
  - \_\_\_\_\_ Dennis or Lands' End blue oxford<sup>b</sup> dress shirt

### PANTS

- Required for events and Fridays
  - \_\_\_\_\_ Dennis khaki pant<sup>a</sup> -or-
  - \_\_\_\_\_ Lands' End khaki pant<sup>a</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dennis navy pant<sup>a</sup> -or-
  - \_\_\_\_\_ Lands' End navy pant<sup>a</sup>

### SOCKS

- Required for events and Fridays
  - \_\_\_\_\_ Black, navy, or brown dress socks<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Black, navy, brown, gray, or white socks<sup>e</sup>

### SHOES

- Required for events and Fridays
  - \_\_\_\_\_ Events: Event dress shoes<sup>e</sup>
  - \_\_\_\_\_ Fridays: Friday dress shoes<sup>e</sup>
- Additional Options for Mon-Thur
  - \_\_\_\_\_ Dress shoes or boots<sup>e</sup>
  - \_\_\_\_\_ Appropriate casual shoes<sup>e</sup>
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup>

### SWEATERS / JACKETS

- Required for warmth in-class and hallways  
(see additional page for more details)
  - \_\_\_\_\_ Dennis or Lands' End navy jacket -or-
  - \_\_\_\_\_ Dennis navy sweater -or-
  - \_\_\_\_\_ Dennis or Lands' End navy sweatshirt
 (All in-class sweatshirts must have the AHS logo or mascot)

### PHYSICAL EDUCATION (P.E.)

- Required for P.E.
  - \_\_\_\_\_ AHS Spirit Store or program T-Shirt
  - \_\_\_\_\_ Knee-length athletic shorts or sweatpants in solid colors: red, navy, gray, or black; small accents OK
  - \_\_\_\_\_ Black or navy bike shorts must be worn underneath
  - \_\_\_\_\_ Athletic P.E. shoes<sup>e</sup> with non-marking soles -or-
  - \_\_\_\_\_ Conservative athletic shoes<sup>e</sup> with non-marking soles

### SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
  - \_\_\_\_\_ See additional page for more details

## 9-12 BOYS PICTURE GUIDE

### SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM

Navy Gabardine Blazer



Khaki Pants



Albury Tie



White Oxford Shirt



Dark Dress Belt



Dress Socks



Event Dress Shoe



Friday Dress Shoe



### MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

Oxford Shirt



Pants



Polo Shirt



Pullover Sweater



## IMPORTANT FOOTNOTES & DETAILS

- Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
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- See additional pages and sections for more details