K-12 STUDENT UNIFORM POLICY

Purpose and Implementation

We believe that properly wearing the uniform

- Displays unity, modesty, neatness, and dignity;
- Demonstrates respect for self, education, teachers, and fellow students;
- Facilitates focus on learning and service, rather than on clothing and accessories;
- Supports an appropriate distinction between the genders; and
- Reminds students of their commitment to live by the American Heritage Mission Statement.

All male students at AHS are expected to wear the boys' uniform and abide by the dress and grooming standards set forth for boys, and all female students are expected to wear the girls' uniform and abide by the dress and grooming standards set forth for girls.

Students wearing the proper uniform will be allowed to enter the building and to attend class. The uniform standard will be in place from the time the student arrives on campus and until 3:10 p.m. each school day. All non-uniform items, including but not limited to coats, jackets, sweatshirts, and hoodies are not allowed in hallways, classrooms, common areas, or anywhere on campus during the school day. Non-uniform items may not be worn before school, during lunch, or when changing buildings. However, students may wear a non-uniform, water-proof snow coat outside during the winter months.

We trust that students and parents will govern themselves by the spirit of the uniform policy. Many items and variations are not specifically prohibited but are outside the spirit of the policy and thus are not permitted.

Definitions for terms used in the uniform policy:

- Conservative: Restrained; avoiding showiness
- Modest: Excludes short skirts, tight clothing, and revealing attire
- Non-distracting: Not drawing attention to oneself, and professional
- Small: Fine, minute, diminutive, slender, thin, little, of small diameter
- Subtle: Fine, thin, delicate, slight, faint, refined, difficult to perceive

Dress Standards

- Clothing should fit appropriately (neither tight nor baggy).
- Pants should be conservative in style and not tight or slim fitting.
- Alterations, other than hemming, are NOT permitted!
- Skirts, shifts, jumpers, and skorts on girls and young women should have a minimum length to allow for the skirt to naturally touch the kneecap.
- K-12 girls must wear snug-fitting, longer-length black or navy biker shorts daily under skirts, shifts, jumpers, and skorts (except when wearing opaque tights or leggings). Longer-length bike shorts must have an minimum inseam of 6" for grades 6-12 or 3" for grades K-5.
- Undershirts and camisoles must be plain white. Undershirt sleeves may not extend beyond the cuff of the uniform sleeve.
- Socks must be worn at all times. Alternatively, girls may wear tights. (See appropriate section for details).
- Uniform approved jackets and sweaters may not be worn around the waist. All personal jackets and sweatshirts are not allowed anywhere on campus during the school day.
- Hats and baseball caps may not be worn during school hours with the exception of a winter hat worn outside for warmth.
- Clothing should be clean and well-maintained (properly hemmed, unstained, free from holes and fading, etc.).
- Shirts must be tucked in at all times during school hours except during recess and when participating in outside athletic activities.

Special considerations will be determined, as needed, by the AHS Principals and the Uniform Committee members. Please submit your request via email.

Kinder–5th grade to Charné Adams: cadams@ahsmail.com 6th–8th grade to Blaine Hunsaker: bhunsaker@ahsmail.com 9th–12th grade to Elizabeth Acuña: eacuna@ahsmail.com

Primary uniform supplier for AHS: <u>dennisuniform.com/schools/R00</u> Dennis Uniforms 3560 Main Street Salt Lake City, Utah 801-287-9200

Additional uniform supplier for AHS: landsend.com

Used uniforms: af.americanheritageschool.org/parent-organization/

AGREEMENT SIGNATURE

STUDENT SIGNATURE: __

DATE:

STUDENTS WILL RECEIVE A SEPARATE PAPER COPY TO SIGN AND SUBMIT DURING THE FIRST WEEK OF SCHOOL



K-12 STUDENT UNIFORM POLICY GROOMING & ACCESSORIES

General Grooming	Boys' Grooming	Girls' Grooming
 Hairstyles should be neat and clean. Styles which may be considered distracting or extreme will not be permitted. Hair dyeing and/or bleaching should be done by a professional and will only be permitted if hair remains natural in appearance and color. Eyebrows should not be modified in ways that distract or draw attention. Body marking is not allowed, including tattoos, washable tattoos, or marking on the skin with ink or marker. Body piercing is not allowed 	 Boys' are required to have relatively short hair styles which adhere to the following guidelines <i>before and after</i> styling: must not cover any part of the ear must not cover any part of the eyebrow must not touch the collar must not be tucked behind the ear, tied up or pulled back (including during physical activity) Sideburns must not extend below the earlobe or onto the cheek. Young men should be clean-shaven with no visible facial hair. No nail polish or makeup 	 Girls may have a single standard-lobe piercing in each ear. K-12 girls will be permitted to wear nail polish and makeup. Makeup and nail polish should be subtle, conservative and non-distracting.
General Accessories	Boys' Accessories	Girls' Accessories
 Eyeglasses must have lenses and must be non-distracting. Sunglasses may not be worn in the building. Blankets or shawls may not be worn in the building Hats and baseball caps may not be worn during school hours with the exception of a winter hat worn outside for warmth 	 Boys may wear a single watch Boys may wear one ring per hand No earrings, necklaces or bracelets Boys may wear a solid black, navy, gray (non-metallic) or brown belt. 	 Hair ornaments must be small, subtle, conservative, and non-distracting. All colors are allowed EXCEPT for the following: NO Pink, Purple, Orange, or Neon Girls jewelry must be conservative, subtle and non-distracting. Earrings must be limited to one standard-lobe pair. No helix or other earrings allowed.





K-12 STUDENT UNIFORM POLICY IMPORTANT NOTES

Pants and Shorts (Footnote a)

• Pants and shorts must be purchased from an approved supplier. They should be conservative in style, not tight or slim fitting, and should be clean and well-maintained (free from holes and fading, etc.). Pants must be properly hemmed to cover the ankle and can not be cuffed, rolled, pegged, or altered in any way other than hemming. Only boys, grades K-5, may wear shorts for their Mon-Thur uniform. Approved Suppliers: Dennis Uniform and Land's End Uniforms

Oxford Dress Shirts and Peter Pan Collar Blouses (Footnote b)

• Oxford dress shirts must be purchased from an approved supplier. They should be a heavier-weight, opaque, basket-weave fabric. Other requirements include: button down collar, not cream or off-white, no logos or embroidery, not tight or slim-fitting. Approved Suppliers: Dennis Uniform and Land's End Uniforms. Peter Pan Collar Blouses must be purchased from Dennis Uniform.

Girls' Shifts, Skorts, Jumpers and Skirts (Footnote c)

• Skirts, shifts, jumpers, and skorts must be purchased from an approved supplier and should have a minimum length to allow for the skirt to naturally touch the kneecap. The skirt and skort usually require the "long" or "extra long" length to be purchased or the hem to be let down to meet this requirement. Skirts are only approved for grades 6-12. All girl's uniforms require tights, longer-length bike shorts, or leggings underneath. Approved Suppliers: Dennis Uniform only for Elementary and Middle School. Dennis Uniform and Lands' End for High School.

Biker Shorts and Leggings (Footnote d)

• Girls, grades K-12, MUST wear snug-fitting, longer-length black or navy biker shorts daily (except when wearing tights or leggings). Biker shorts must have a minimum inseam of 6 inches for grades 6-12 and 3 inches for grades K-5 and may not extend below the hemline of the uniform. Ankle-length leggings with socks or footlets, are not approved for special events but may be worn in place of biker shorts on M-TH. They should be clean and well-maintained (free from holes and fading, etc.). The fabric should have a matte sheen, not shiny or metallic. May be purchased from any supplier.

Shoes and Socks (Footnote e)

- Principles: The shoe and sock guidelines for AHS Uniform Policy allow for principle-based preference for students. Principles that should be adhered to as students select their shoe and sock preferences include non-distracting, which is defined as not drawing attention to oneself, and professional. Students should wear shoes and socks consistent with a desire to show respect and appreciation for the privilege of being a student at AHS and the intent, style, and spirit of the Uniform Policy. Preferences should not reflect extreme fashion styles.
- Shoes: All shoes must be secure fitting, closed toe, closed heel, flat or low heeled, and conservative in style and appearance. No rollers, heelies (with or without rollers), lights, characters, slippers, crocs, moccasin styles, or solid neon colors. Bold, distracting, or high-contrasting designs are not permitted. Laces must be worn in shoes intended to have laces.
- Boots: Boots are not permitted for special events. Girls grades K-12 and boys grades 6-12 may wear dress ankle boots on Fridays. Girls may wear below-the knee dress boots, in approved colors, on Mon-Thur year round and on Fridays during winter weather. Snow Boots or athletic cleats should not be worn in the building, but are acceptable outside.
- Socks: Socks must be worn at all times. Girls, grades K-12, may wear tights in place of socks. Socks or footlets must be worn when wearing anklelength leggings or footless tights. They should be clean, well maintained, and free from holes. Colors and heights allowed are determined by grade level, gender, and day. See next page for more details. (Please note M.S. and H.S. have less restrictions.)
- P.E. Shoes: Uniform approved conservative athletic shoes may be worn for P.E. class as long as they have non-marking soles. Other athletic shoes, of all styles and colors, are permitted for P.E. class as long meet the following guidelines: They should be brought to and from school and worn only during P.E. class. They should also be suitable for indoor and outdoor use and have non-marking soles.

Middle School and High School Expanded Variety and Flexibility Agreement (Footnote f)

• Parents and students should be aware that whenever subjectivity and student preference is introduced into the AHS Uniform Policy, objectivity is displaced, and students will be subject to personal opinions by teachers and administrators as to whether their preferences adhere to uniform guidelines. If a parent or student wants to steer clear of any subjectivity, they can adopt any of the illustrated options. (see website for additional approved examples) If a student or parent wants to venture outside the objective zone, they are welcome to do so but are expected to select options that fall clearly within the guidelines outlined. Parents and students who choose to venture into the realm of subjectivity in preferences for shoes and socks will agree to cheerfully comply with requests to change their selection from teachers and/or administrators when those employees feel that the preferences fall outside of the guidelines listed.





K-12 STUDENT UNIFORM POLICY SHOES, SOCKS, TIGHTS, AND LEGGINGS

SHOPPING LIST

PICTURE GUIDE & DETAILS

EVENT DRESS SHOES

• Required for all special events, picture day, and devotionals. Darker in color and formal in style. No boots of any kind permitted. May be brought to school and changed into for the event.

*Please note M.S. and H.S. have less restrictions.^f

_____ One pair event dress shoes

FRIDAY DRESS SHOES

• Required for all Fridays. May be the same pair as your event dress shoes, however more flexible options are approved for Fridays.

*Please note M.S. and H.S. have less restrictions.^f

_____ One pair Friday dress shoes

MON-THUR SHOES

• Additional Options for Mon - Thur. May be the same pair as your event or Friday dress shoes, however more flexible options are approved for Mon-Thur.

*Please note M.S. and H.S. have less restrictions. f

_____ One pair Mon-Thur shoes

_ EVENT



EVENT DRESS SHOES

- Upper in colors black, dark brown, or dark navy
- Dark sole of solid black or brown *lighter colors allowed for M.S. and ${\rm H.S.}^f$
- Laces must match the shoe (black shoe w/black laces)
- No accents or additional colors.
- No contrast stitching *contrast stitching allowed for M.S. and H.S.^f
- Formal dress style (no athletic styles)
- No boots of any height or kind permitted

FRIDAY DRESS SHOES

- Upper in black, brown, or navy *two-toned allowed for M.S. and H.S.^f
- Sole of solid black or brown *lighter colors allowed for M.S. and H.S.^f
- Laces must match the shoe (black shoe w/black laces)
- No accents or additional colors, contrast stitching allowed
- Dress styles or solid color conservative athletic
- Girls grades K-12 and boys grades 6-12 may wear dress ankle boots
- Girl's below-the-knee dress boots are permitted on Fridays during winter weather.



MONDAY - THURSDAY SHOES

- Upper predominately black, navy, brown, gray, or white *All conservative, non-distracting colors allowed for M.S. and H.S. $^{\rm f}$
- Sole of conservative colors
 *All conservative, non-distracting colors allowed for M.S. and H.S. ^f
- Laces in solid, black, navy, brown, gray, or white *All conservative, non-distracting colors allowed for M.S. and H.S.^f
- Conservative accents of any color permitted
- Conservative athletic styles permitted
- Girls and Boys may wear ankle boots
- Girls below-the-knee dress boots in black, brown, or navy

SOCKS, TIGHTS, LEGGINGS, AND BIKERS				
	EVENT DRESS	FRIDAY DRESS	MONDAY - THURSDAY	
Boys K-5	Black or navy dress socks	Black or navy dress socks	Black, navy, gray, or white socks	
Boys 6-8	Black or navy dress socks	Conservative, non-distracting socks of any color ^f	Conservative, non-distracting socks of any color ^f	
Boys 9-12	Black, navy, or brown dress socks	Conservative, non-distracting socks of any color ^f	Conservative, non-distracting socks of any color ^f	
Girls K-5	Black or navy, cable or opaque tights *(tights can be swapped for Friday options after the event is over)	Black or navy, cable or opaque tights Black or navy knee-high socks w/bikers	Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks w/bikers Black, navy, gray, or white leggings w/socks or footlets	
Girls 6-8	Black or navy opaque tights *(tights can be swapped for Friday options after the event is over)	Black or navy, cable or opaque tights Black or navy knee-high socks w/bikers Black or navy leggings with socks or footlets Conservative, non-distracting socks of any color ^f (with pants)	Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks w/bikers Black or navy leggings with socks or footlets Bare legs with footlets and bikers Conservative, non-distracting socks of any color ^f (with pants)	
Girls 9-12	Black or navy opaque tights - or - Bare legs w/bikers	Black or navy, cable or opaque tights Black or navy knee-high socks w/bikers Black or navy leggings with socks or footlets Bare legs w/bikers Conservative, non-distracting socks of any color ^f (with pants)	Black, navy, gray, or white tights (cable or opaque) Black, navy, gray, or white socks w/bikers Black or navy leggings with socks or footlets Bare legs w/bikers Conservative, non-distracting socks of any color ^f (with pants)	

AHS STANDARDS UNIFORM POLICY



ALL STUDENTS

REQUIRED SWEATER, SWEATSHIRT, OR JACKET

All students are required to have one of the following options to wear on campus for additional warmth. Personal coats, jackets, sweatshirts and hoodies are not allowed in classrooms, hallways, common areas, or anywhere on campus during the school day. However, students may wear a non-uniform, water-proof snow coat outside during the winter months. Approved options must be purchased through Land's End, Dennis Uniform or our AHS spirit apparel stores. Please note, AHS Spirit Wear hoodies are only approved for AHS Spirit Apparel Days and can not be worn on regular school days. Winter coats and other personal jackets are permitted outdoors during recess and lunch time.

The list of approved options are:

- Dennis navy v-neck pullover sweater
- Dennis girls' navy sweater vest
- Dennis girls' navy button-up cardigan
- Dennis navy quarter-zip sweatshirt w/logo (forest green is approved for high school only)
- Dennis navy crewneck sweatshirt w/logo
- Lands' End Uniform navy crewneck sweatshirt w/logo
- Dennis navy micro-fleece vest
- Dennis navy micro-fleece jacket
- Land's End Uniform navy ThermoPlume jacket
- Land's End Uniform navy Sports Squall jacket
- AHS Spirit wear track jacket

SPIRIT APPAREL DAYS

The Spirit Apparel Day Uniform gives students and faculty an occasional casual dress opportunity to promote school spirit and provide appropriate attire for service projects, field trips, and other on-campus activities and celebrations. Students are required to follow ALL regular AHS Mon-Thur uniform standards, except that shirts may be worn untucked. Students may choose to wear the spirit apparel uniform or the regular Mon-Thur uniform. All spirit wear uniform apparel must adhere to the following guidelines:

- AHS Spirit Wear t-shirts and sweatshirts may be worn so long as they are:
- Purchased through the approved spirit wear store -or Produced by the school for an AHS program, production, class, or activity
- AHS school hoodies may be worn as long as the hood remains down
- Al 15 school hoodies flag be worth as long as the hood remains down
- No team jerseys or other items which belong to the school may be worn
- Tops must have sleeves and must be free from holes or excessive wear
- Conservative jeans may be worn so long as they are:
- Must be solid, medium to dark, blue jeans (no other colors)
- No acid wash, dirty washed, double-dyed or faded fabrics
- No holes, distressing, frayed, or destructed styles
- No athletic or exercise styles or fabrics
- No low-riding, revealing, overly baggy, tight-fitting, or immodest styles
- No sequins, lettering, heavy stitching, distracting patterns or other decorations
- Mon-Thur sock and shoe uniform guidelines apply for all spirit apparel days

P.E. AND AFTER SCHOOL ATHLETICS UNIFORMS / SHOES

For Grades K-5

P.E. Uniforms are not required for grades K-5. However, conservative athletic shoes^e with non-marking soles or P.E. shoes ^e are required for all P.E. classes. Depending on class schedule, shoes may need to be brought to school and changed into during P.E. class.

For Grades 6-12

- P.E. Uniforms are required for grades 6-12.
- Any Spirit Apparel or AHS program t-shirt
- Athletic shorts or sweatpants in solid colors of navy, gray, red or black. Shorts MUST be knee-length and longer-length black or navy biker shorts must be worn underneath. Small logos are permitted
- Ankle or athletic socks (logos are permitted)
- Conservative athletic shoes ^e with non-marking soles or P.E. shoes ^e

Note about after-school athletics: Loose fitting athletic pants, warm-ups or sweatpants must be worn prior to and after practices and games when remaining on campus.



K-12 STUDENT UNIFORM POLICY SWEATERS, SWEATSHIRTS, JACKETS & SPIRIT WEAR

SHOPPING LIST

IN-CLASS WARMTH

- Required, one of the following:
 - _____ Pullover Sweater
 - _____ Girls Sweater Vest
 - ____ Girls Cardigan
 - _____ Crewneck sweatshirt
 - _____ Quarter-zip sweatshirt
 - _____ Micro-fleece jacket
 - _____ Micro-fleece vest
 - _____ Thermoplume jacket
 - _____ Sport Squall jacket
 - _____ AHS Track jacket

SPIRIT APPAREL DAY

- Options for spirit days
- _____ Spirit Wear t-shirt -or-
- _____ Spirit Wear sweatshirt
- _____ Appropriate blue jeans Mon-Thur Socks
- _____ Mon-Thur Shoes

(see previous page for more details)

P.E. CLASSES & ATHLETICS

- Required for P.E. for Grades K-5
 _____ Athletic shoes with non-mark ing soles ^e
- Required for P.E. for Grades 6-12 _____ Spirit Wear t-shirt
- _____ Appropriate shorts w/bikers -or-
- _____ Appropriate sweatpants
- _____ Socks
- _____ Athletic shoes with non-marking soles ^e

(see previous page for more details)

PICTURE GUIDE & DETAILS



SPIRIT APPAREL DAY JEANS

- Must be solid, medium to dark, blue jeans (no other colors of jeans allowed)
- No acid wash, dirty washed, double-dyed or faded fabrics
- No holes, distressing, frayed, or destructed styles
- No athletic or exercise styles or fabrics
- No low-riding, revealing, overly baggy, overly tight, or immodest styles
- No sequins, lettering, heavy stitching, distracting patterns or other decorations

SPIRIT APPAREL DAY SOCKS and SHOES

- Mon-Thur sock and shoe uniform guidelines apply for all spirit apparel days

GRADES K-3 GIRLS UNIFORMS

D

SHOPPING LIST

SHIRTS

- Required for events and Fridays (Long sleeve must be worn for events. Long or short sleeve OK for Fridays) _ Dennis white Peter Pan collar blouse
- Additional Options for Mon-Thur (Long or short sleeve may be worn Mon-Thur) Dennis white Peter Pan collar blouse
- Dennis white or red polo

SKIRTS / SKORTS / PANTS

- Required for events and Fridays Dennis Macbeth plaid box pleated shift ^c -or-__ Lands' End khaki pants ^a (requires Dennis navy cardigan)
- Additional Options for Mon-Thur
- Dennis Macbeth plaid box pleated shift ^c
- Dennis Macbeth plaid skort ^c
- Dennis Macbeth plaid knife pleated jumper
- ___ Lands' End khaki pants ^a

BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for Events and Fridays
- Events: Black or navy opaque or cable tights ^e
- Fridays: Black or navy opaque or cable tights ^e -or-
- Fridays: Black or navy knee-high socks e with bikers dBlack or navy above ankle socks ^e with pants ^a
- Additional Options for Mon-Thur
- Black, navy, gray, or white leggings ^d
- Black, navy, gray, or white tights
- Black, navy, gray, or white socks e with bikers d
- Black, navy, gray, or white socks ^e with pants ^a

SHOES

- Required for events and Fridays
 - Events: Event dress shoes e
 - Fridays: Friday dress shoes or dress ankle boots ^e
- Additional Options for Mon-Thur
- Dress shoes or boots e
- Appropriate Mon-Thur shoes^e
- Conservative athletic shoes ^e

SWEATERS / JACKETS

- Required for warmth in-class and hallways (See additional page for more details)
 - Dennis or Lands' End navy jacket -or-
 - Dennis cardigan (required if pants are worn for S.E./Fridays) -or-
 - Dennis navy sweater -or-
 - Dennis or Lands' End navy sweatshirt (All in-class sweatshirts must have the AHS logo or mascot)

PHYSICAL EDUCTION (P.E.)

- Required for P.F.
- Elementary students do not change clothing for P.E.
- Athletic P.E. shoes ^e with non-marking soles -or-
- Conservative athletic shoes ^e with non-marking soles

SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
- See additional page for more details

K-3 GIRLS PICTURE GUIDE

SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM



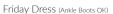
Khaki Pants

Longer-Length Biker Shorts^d



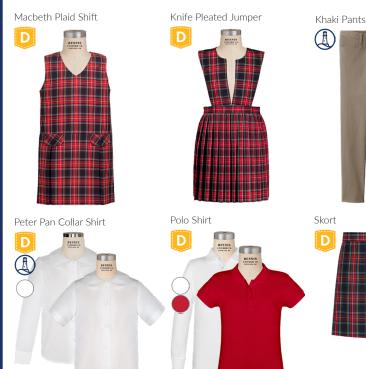
Event Dress Shoe







MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS





GRADES K-3 BOYS UNIFORMS

SHOPPING LIST

TIE & BELT

- Required for events and Fridays
- _____ Dennis solid navy tie _____ Dark black or navy dress belt

SHIRTS

- Required for events and Fridays (Long sleeve must be worn for events. Long or short sleeve OK for Fridays)
 _____ Dennis or Lands' End white oxford ^b dress shirt
- Additional Options for Mon-Thur
- (Long or short sleeve may be worn Mon-Thur)
- _____ Dennis white or red polo
- _____ Dennis or Lands' End white oxford ^b dress shirt

PANTS/SHORTS

- Required for events and Fridays
 _____ Dennis navy pant^a -or _____ Lands' End navy pant^a
- Additional Options for Mon-Thur
 Dennis or Lands' End navy pant ^a -or Dennis or Lands' End navy shorts ^a

SOCKS

- Required for events and Fridays
 _____ Black or navy dress socks ^e
- Additional Options for Mon-Thur
 Black, navy, gray, or white socks ^e

SHOES

- Required for events and Fridays
- _____ Events: Event dress shoes ^e _____ Fridays: Friday dress shoes; no boots ^e
- Additional Options for Mon-Thur
 - _____ Dress shoes or boots ^e -or-
 - _____ Appropriate Mon-Thur shoes ^e -or-
- _____ Conservative athletic shoes ^e

SWEATERS / JACKETS

- Required for warmth in-class and hallways (See additional page for more details)
- _____ Dennis or Lands' End navy jacket -or-_____ Dennis navy sweater -or-
 - _____ Dennis or Lands' End navy sweatshirt
 - (All in-class sweatshirts must have the AHS logo or mascot)

PHYSICAL EDUCTION (P.E.)

- Required for P.E.
 - _____ Elementary students do not change clothing for P.E. _____ Athletic P.E. shoes ^e with non-marking soles -or-
 - _____ Conservative athletic shoes ^e with non-marking soles

SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
 - _____ See additional page for more details

K-3 BOYS PICTURE GUIDE



MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS



IMPORTANT FOOTNOTES & DETAILS

- a. Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- b. Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- c. Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- d. All Girls MUST wear snug-fitting, longer-length black or navy biker shorts daily.
- e. See additional pages and sections for more details



GRADES 4-5 GIRLS UNIFORMS

SHOPPING LIST

SWEATER VEST

- Required for events and Fridays
- Dennis navy sweater vest Dennis cardigan (required if pants are worn for S.E./Fridays)

SHIRTS

- Required for events and Fridays (Long sleeve must be worn for events. Long or short sleeve OK for Fridays) Dennis white Peter Pan collar blouse
- · Additional Options for Mon-Thur
- (Long or short sleeve may be worn Mon-Thur)
 - _____ Dennis white Peter Pan collar blouse
 - _____ Dennis white or red polo

SKIRTS / SKORTS / PANTS

- Required for events and Fridays
- Dennis Macbeth plaid skort ^c -or-Lands' End khaki pants ^a (requires Dennis navy cardigan)
- Additional Options for Mon-Thur
 - Dennis Macbeth plaid box pleated shift^c
- Dennis Macbeth plaid skort^c
- Dennis Macbeth plaid knife pleated jumper
- Lands' End khaki pants ^a

BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for Events and Fridays
- Events: Black or navy opaque or cable tights ^e
- Fridays: Black or navy opaque or cable tights ^e-or-
- Fridays: Black or navy knee-high socks ^e with bikers ^e
- Black or navy above ankle socks ^e with pants ^a
- Additional Options for Mon-Thur
 - Black or navy leggings ^d-or-Black, navy, gray, or white tights e -or-
 - Black, navy, gray, or white socks e with bikers d
 - Black, navy, gray, or white socks ^e with pants ^a

SHOES

- Required for events and Fridays
 - Events: Event dress shoes ^e Fridays: Friday dress shoes or dress ankle boots ^e
- Additional Options for Mon-Thur
- Dress shoes or boots ^e -or-
- _____ Appropriate Mon-Thur shoes ^e

SWEATERS / JACKETS

- Required for warmth in-class and hallways
- (See additional page for more details)
- Dennis or Lands' End navy jacket -or-
- Dennis navy sweater -or-
- Dennis or Lands' End navy sweatshirt
- (All in-class sweatshirts must have the AHS logo or mascot)

PHYSICAL EDUCTION (P.E.)

- Required for P.E.
 - Elementary students do not change clothing for P.E. Athletic P.E. shoes ^e with non-marking soles -or-
 - Conservative athletic shoes ^e with non-marking soles

SPIRIT APPAREL DAY UNIFORM

• Optional for Spirit Apparel Days See additional page for more details

4-5 GIRLS PICTURE GUIDE

D

SPECIAL EVENTS and FRIDAY REQUIRED UNIFORM



Event Tights (Cable or Opaque) Friday Knee-high Socks



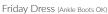


Longer-Length Biker Shorts^d



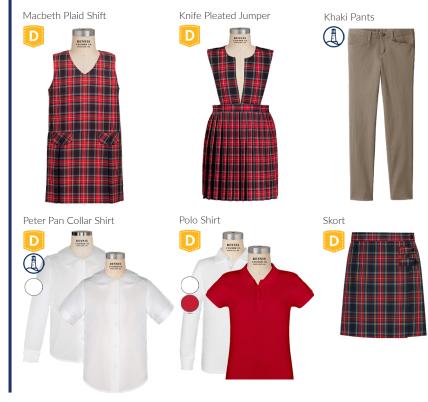








MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS



GRADES 4-5 BOYS UNIFORMS

SHOPPING LIST

TIE & BELT

- Required for events and Fridays
- _____ Dennis solid navy tie
- _____ Dark black or navy dress belt

SHIRTS

- Required for events and Fridays (Long sleeve must be worn for events. Long or short sleeve OK for Fridays) Dennis or Lands' End white oxford ^b dress shirt
- Additional Options for Mon-Thur
- (Long or short sleeve may be worn Mon-Thur)
 - _____ Dennis white or red polo
 - _____ Dennis or Lands' End white oxford ^b dress shirt

PANTS/SHORTS

- Required for events and Fridays
 - _____ Dennis navy pant ^a -or-_____ Lands' End navy pant ^a
- Additional Options for Mon-Thur _____ Dennis or Lands' End navy pant ^a
 - _____ Dennis or Lands' End navy shorts ^a

SOCKS

- Required for events and Fridays Black or navy dress socks ^e
- Additional Options for Mon-Thur _____ Black, navy, gray, or white socks ^e

SHOES

- Required for events and Fridays _____ Events: Event dress shoes ^e
- _____ Fridays: Friday dress shoes or dress ankle boots ^e
- · Additional Options for Mon-Thur
 - _____ Dress shoes or boots ^e _____ Appropriate Mon-Thur shoes ^e

SWEATERS / JACKETS

- · Required for warmth in-class and hallways (See additional page for more details)
 - __ Dennis or Lands' End navy jacket -or-
 - Dennis navy sweater -or-
 - Dennis or Lands' End navy sweatshirt
 - (All in-class sweatshirts must have the AHS logo or mascot)

PHYSICAL EDUCTION (P.E.)

- Required for P.E.
 - Elementary students do not change clothing for P.E.
 - ____ Athletic P.E. shoes ^e with non-marking soles -or-
 - Conservative athletic shoes ^e with non-marking soles

SPIRIT APPAREL DAY UNIFORM

• Optional for Spirit Apparel Days ___ See additional page for more details

4-5 BOYS PICTURE GUIDE



MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS



IMPORTANT FOOTNOTES & DETAILS

- a. Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- b. Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- c. Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- d. All Girls MUST wear snug-fitting, longer-length black or navy biker shorts daily.
- e. See additional pages and sections for more details





GRADES 6-8 GIRLS UNIFORMS

SHOPPING LIST

SWEATER VEST & TIE

Required for events and Fridays
 _____ Dennis navy sweater vest
 _____ Dennis red crossover tie

SHIRTS

- Required for events and Fridays
- (Long sleeve must be worn for events. Long or short sleeve OK for Fridays)
- Dennis or Lands' End white oxford ^b dress shirt
- Additional Options for Mon-Thur
 - (Long or short sleeve may be worn Mon-Thur)
 - _____ Dennis white or red polo
 - _____ Dennis or Lands' End white oxford ^b dress shirt

SKIRTS / SKORTS / PANTS

- Required for events and Fridays
 _____ Dennis Navy box pleated skirt -or-Lands' End gray pants ^a
- Additional Options for Mon-Thur
 _____ Dennis Macbeth plaid skirt^c
 - _____ Dennis Macbeth plaid skort ^c
- _____ Lands' End gray pants ^a

BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for Events and Fridays
- _____ Events: Black or navy opaque tights ^e
- Fridays: Black or navy opaque tights ^e or leggings ^d-or-
- _____ Fridays: Black or navy knee-high socks ^e with bikers ^d
- _____ Conservative socks e of any color when wearing pants
- Additional Options for Mon-Thur
- _____ Black or navy leggings ^d-or-
- _____ Black, navy, gray, or white tights ^e-or-
- _____ Black, navy, gray, or white socks ^e w/bikers ^d -or-
- Conservative socks^e of any color when wearing pants

SHOES

- Required for events and Fridays
- _____ Events: Event dress shoes ^e
- _____ Fridays: Friday dress shoes or dress ankle boots ^e
- Additional Options for Mon-Thur
 - _____ Dress shoes or boots ^e
 - _____ Appropriate Mon-Thur shoes ^e

SWEATERS / JACKETS

- Required for warmth in-class and hallways (See additional page for more details)
 - _____ Dennis or Lands' End navy jacket -or-
 - _____ Dennis navy sweater -or-
 - _____ Dennis or Lands' End navy sweatshirt
 - (All in-class sweatshirts must have the AHS logo or mascot)

PHYSICAL EDUCTION (P.E.)

- Required for P.E.
- _____ AHS Spirit Store or program t-shirt
- _____ Knee-length athletic shorts or sweatpants in solid colors: red, navy, gray, or black; small accents OK
- _____ Black or navy biker shorts must be worn underneath
- _____ Athletic P.E. shoes ^e with non-marking soles -or-
- _____ Conservative athletic shoes ^e with non-marking soles

SPIRIT APPAREL DAY UNIFORM

• Optional for Spirit Apparel Days _____ See additional page for more details



MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS





1.1

Polo Shirt



Skort

D

Gray Pants





GRADES 6-8 BOYS UNIFORMS

SHOPPING LIST

TIE & BELT

- Required for events and Fridays
- _____ Dennis solid red tie
- _____ Dark black or navy dress belt

SHIRTS

- Required for events and Fridays (Long sleeve must be worn for events. Long or short sleeve OK for Fridays)
 _____ Dennis or Lands' End white oxford ^b dress shirt
- Additional Options for Mon-Thur
- (Long or short sleeve may be worn Mon-Thur)
 - _____ Dennis white or red polo
 - _____ Dennis or Lands' End white oxford ^b dress shirt

PANTS/SHORTS

- Required for events and Fridays
 - _____ Dennis navy pant ^a -or-
 - _____ Lands' End navy pant ^a
- Additional Options for Mon-Thur
 _____ Dennis or Lands' End navy pant ^a
 _____ No other options available

SOCKS

- Required for events and Fridays
- _____ Black or navy dress socks ^e
 - _____ Conservative socks e of any color (M.S. and H.S. only)
- Additional Options for Mon-Thur
 _____ Conservative socks ^e of any color (M.S. and H.S. only)

SHOES

- Required for events and Fridays
- _____ Events: Event dress shoes ^e
- _____ Fridays: Friday dress shoes or dress ankle boots ^e
- Additional Options for Mon-Thur
 _____ Dress shoes or boots^e
 - _____ Appropriate Mon-Thur shoes ^e

SWEATERS / JACKETS

- Required for warmth in-class and hallways
- (See additional page for more details)
- _____ Dennis or Lands' End navy jacket -or-
- _____ Dennis navy sweater -or-
- _____ Dennis or Lands' End navy sweatshirt (All in-class sweatshirts must have the AHS logo or mascot)

PHYSICAL EDUCTION (P.E.)

- Required for P.E.
 - _____ AHS Spirit Store or program t-shirt
- _____ Knee-length athletic shorts or sweatpants in solid
- colors: red, navy, gray, or black; small accents OK
- _____ Black or navy biker shorts must be worn underneath
- _____ Athletic P.E. shoes ^e with non-marking soles -or-_____ Conservative athletic shoes ^e with non-marking soles

SPIRIT APPAREL DAY UNIFORM

- Optional for Spirit Apparel Days
- _____ See additional page for more details

6-8 BOYS PICTURE GUIDE



MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

Oxford Shirt

Pullover Sweater

Б





IMPORTANT FOOTNOTES & DETAILS

- a. Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- b. Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- c. Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- d. All Girls MUST wear snug-fitting, longer-length black or navy biker shorts daily.
- e. See additional pages and sections for more details





GRADES 9-12 GIRLS UNIFORMS

SHOPPING LIST

BLAZER & TIE

- Required for events and Fridays Dennis navy gabardine blazer
- Dennis Albury crossover tie

SHIRTS

- Required for events and Fridays (Long or short sleeve approved for events and Fridays) Dennis or Lands' End white oxford ^b dress shirt
- · Additional Options for Mon-Thur
- (Long or short sleeve may be worn Mon-Thur)
 - ___ Dennis white, red, navy, or green polo
 - Dennis or Lands' End white oxford b dress shirt
 - ___ Dennis or Lands' End blue oxford ^b dress shirt

SKIRTS / SKORTS / PANTS

- Required for events and Fridays
- Dennis Macbeth Plaid box pleated skirt ^c -or-Dennis Khaki box pleated skirt ^c -or-Lands' End gray pants
- Additional Options for Mon-Thur
 - Dennis navy, khaki, or Macbeth plaid skirt^c
 - Lands' End khaki box pleated or a-line skirt $^{\rm c}$ Dennis Macbeth plaid skort ^c

BIKERS / SOCKS / TIGHTS / LEGGINGS

- Required for Events and Fridays Events: Black or navy opaque tights ^e -or-
- Events: Bare legs w/bikers ^d-or-
- Events & Fridays: Conservative socks e with pants -or-
- Fridays: Black or navy opaque tights ^e or leggings ^d-or-
- Fridays: Black or navy knee-high socks ^e wi/ bikers ^d-or-
- Fridays: Bare legs w/bikers ^d
- Additional Options for Mon-Thur
- Black or navy leggings ^d
- Black, navy, gray, or white tights ^e
- Black, navy, gray, or white socks ^e with bikers ^d
- Conservative socks ^e of any color with pants

SHOES

- · Required for events and Fridays
- Events: Event dress shoes ^e
- Fridays: Friday dress shoes or dress ankle boots ^e
- Additional Options for Mon-Thur
 - Dress shoes or boots ^e
 - ___ Appropriate Mon-Thur shoes ^e

SWEATERS / JACKETS

- Required for warmth in-class and hallways (see additional page for more details)
 - Dennis or Lands' End navy jacket -or-
 - Dennis navy sweater -or-
 - Dennis or Lands' End navy sweatshirt
 - (All in-class sweatshirts must have the AHS logo or mascot)

PHYSICAL EDUCTION (P.E.)

- Required for P.E.
 - AHS Spirit Store or program t-shirt
- Knee-length athletic shorts or sweatpants in solid colors: red, navy, gray, or black; small accents OK
- Black or navy biker shorts must be worn underneath
- Athletic P.E. shoes ^e with non-marking soles -or-Conservative athletic shoes ^e with non-marking soles

SPIRIT APPAREL DAY UNIFORM

• Optional for Spirit Apparel Days (see additional page)

9-12 GIRLS PICTURE GUIDE













Event Dress Shoe



Friday Dress (Ankle Boots OK)



Grav Pants

MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS

Polo Shirt

Oxford Shirt Б A Box Pleated Skirt A-Line or Box Pleated Skirt Skort

GRADES 9-12 BOYS UNIFORMS

SHOPPING LIST

BLAZER. TIE & BELT

- Required for events and Fridays
- Dennis navy gabardine blazer
- _____ Dennis Albury tie
- _____ Dark dress belt

SHIRTS

- Required for events and Fridays (Long or short sleeve approved for events and Fridays)
- __ Dennis or Lands' End white oxford ^b dress shirt
- Additional Options for Mon-Thur
- (Long or short sleeve may be worn Mon-Thur) __ Dennis white, red, navy, or green polo
- __ Dennis or Lands' End white oxford ^b dress shirt
- _____ Dennis or Lands' End blue oxford ^b dress shirt

PANTS

- Required for events and Fridays _____ Dennis khaki pant ^a -or-__ Lands' End khaki pant ^a
- Additional Options for Mon-Thur _____ Dennis navy pant ^a -or-_____ Lands' End navy pant ^a

SOCKS

- Required for events and Fridays
- ____ Black, navy, or brown dress socks ^e _____ Conservative socks ^e of any color (M.S. and H.S. only)
- Additional Options for Mon-Thur _____ Conservative socks ^e of any color (M.S. and H.S. only)

SHOES

- Required for events and Fridays _____ Events: Event dress shoes ^e _ Fridays: Friday dress shoes ^e
- Additional Options for Mon-Thur
- _____ Dress shoes or boots ^e Appropriate Mon-Thur shoes ^e

SWEATERS / JACKETS

- · Required for warmth in-class and hallways (see additional page for more details)
 - Dennis or Lands' End navy jacket -or-
- Dennis navy sweater -or-
- Dennis or Lands' End navy sweatshirt
 - (All in-class sweatshirts must have the AHS logo or mascot)

PHYSICAL EDUCTION (P.E.)

- Required for P.E.
 - __ AHS Spirit Store or program t-shirt
 - Knee-length athletic shorts or sweatpants in solid
- colors: red, navy, gray, or black; small accents OK Black or navy biker shorts must be worn underneath
- Athletic P.E. shoes ^e with non-marking soles -or-
- _____ Conservative athletic shoes ^e with non-marking soles

SPIRIT APPAREL DAY UNIFORM

• Optional for Spirit Apparel Days _____ See additional page for more details

9-12 BOYS PICTURE GUIDE



MONDAY - THURSDAY ADDITIONAL UNIFORM OPTIONS





Polo Shirt

D

IMPORTANT FOOTNOTES & DETAILS

- a. Dennis or Lands End pants should not have cuffs and must be free from holes or excessive wear.
- b. Oxford shirts must have button down collars. Long sleeves are required for special events including picture day, all concerts and devotionals. Short sleeve may be worn on Fridays.
- c. Girl's Shifts, Skorts, Jumpers, and Skirts must touch the kneecap.
- d. All Girls MUST wear snug-fitting, longer-length black or navy biker shorts daily.
- e. See additional pages and sections for more details



(A)Lands' End